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**DR. CHRISTOPHER BARRILLEAUX, DSW, MATH, LCSW-BACS**  
LICENSED CLINICAL SOCIAL WORKER  
4918 Canal Street - New Orleans, LA 70119 - (504) 483-8070

Revised 01/01/2021

**POLICIES ON CONFIDENTIALITY, FEES, HEALTH INSURANCE,  
BROKEN APPOINTMENTS, & CONSENT - ADULTS**

**Limits of Confidentiality**

Most of what you discuss in therapy is considered confidential and privileged and requires your express written permission to be released to any other party. However, both federal and state **duty-to-warn** statutes require compulsory reporting of pertinent specific information which would include the following:

- At such time that you threaten your own life or someone else's life;
- When you confess to sexual activity with, or carnal knowledge of, a juvenile;
- Battery on a child, elderly person, or infirmed person in your home;
- If you are HIV-positive and have not disclosed this information to your sexual partner;
- Any and all written information subpoenaed by a court of law relative to a child custody proceeding;
- Any and all written information subpoenaed by a court of law; and failing a motion to quash on the basis of client privilege, is then ordered to be produced by a judge or magistrate.

If you are an adolescent 17 years of age or younger, unless you have been legally emancipated, you should be advised that confidentiality is severely limited. Most everything you report, by law can be demanded from the therapist by your parent or legal guardian.

If you are a parent, please understand that the therapy process is severely hindered by the reporting process. I prefer to report general progress to parents rather than specific details, unless I believe your minor child poses a serious risk to self or others.

By my signature I certify that I have read and understand this policy on confidentiality.

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**Client Signature**

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**Date**

## Fees

### **Consultation & Psychotherapy**

Initial Consultation (75-90 minutes)	\$265
Individual Psychotherapy (53-60 minutes)	\$225
Individual Psychotherapy (75 minutes)	\$265
Individual Psychotherapy (45 minutes)	\$185
Family Therapy (45/60/90 minutes)	\$185/\$250/\$370

### **Marriage Counseling**

Initial Consultation (180 minutes)	\$550
Follow-up with Jungian typology (150 minutes)	\$400
Regular follow-up sessions (75 minutes)	\$265

### **Forensic Social Work**

Mediation	\$200 per 60-minute hour
Collaborative Divorce	\$200 per 60-minute hour <i>(retainer of \$2000 representing 10 hours work is required)</i>
Forensic Substance Use Evaluation	\$200 per 60-minute unit hour <i>(retainer of \$1000 representing 5 hours work is required)</i>
Forensic Sexual Behavior Evaluation	\$200 per 60-minute unit hour <i>(retainer of \$1000 representing 5 hours work is required)</i>
Individual Therapy (Forensic Cases)	\$200 per 60-minute hour <i>(retainer of \$600 representing 3 hours work is required)</i>
Professional Consultation (Attorneys, Custody Evaluator)	\$200 per 60-minute unit hour
Review of Documentation	\$200 per 60-minute unit hour
Narratives (Drafts, review, compilation)	\$40 per page (maximum \$1000)
Travel & Costs	Travel to other facilities is charged from the point of departure to the time of arrival according to the same rate as the service being rendered. Other costs, e.g. parking, will be billed to the client.

## **Retainers**

### ***Court-recommended Therapy***

Individual client sessions are expected to be paid on each date of service. However, a retainer of \$600, representing 3 hours of work, is necessary to continue a new forensic social work case prior to the second session being scheduled. A major credit card is necessary to be placed on file to replenish the retainer when it reaches a \$0.00 balance, until the case is completed, judgments determined, or the client terminates therapy.

*Notice:* Dr. Barrilleaux reserves the right to withdraw from any case after initiating forensic court-recommended therapy if it is learned through consultation with the custody evaluator, or review of court documentation or another reliable source, that the client materially misrepresented anything having bearing to the case.

### ***Court-ordered Substance Use Forensic Evaluation***

A \$1000 retainer, representing 5 hours of work, is necessary to initiate a forensic substance use evaluation. A major credit card is necessary to be placed on file to replenish the retainer when it reaches a \$0.00 balance, until the case is completed, and the court order has been satisfied. (*See Protocol for Forensic Substance Use Evaluation* in the document section for detailed explanations and clarification.)

### ***Court-ordered Sexual Behavior Evaluation***

A \$1000 retainer, representing 5 hours of work, is necessary to initiate a forensic substance use evaluation. A major credit card is necessary to be placed on file to replenish the retainer when it reaches a \$0.00 balance, until the case is completed, and the court order has been satisfied. (*See Protocol for Forensic Sexual Behavior Evaluation* in the document section for detailed explanations and clarification.)

### ***Court Testimony***

In order to be present in Court to give testimony or make similar depositions, a separate retainer of \$750 per day, representing 3 hours of work at \$250 per hour, is required. A major credit card is necessary to be placed on file to which fees which have been underpaid will be charged, or fees which have been overpaid will be refunded. A maximum of \$1250 will be charged per day.

## **Health Insurance**

### ***In-Network Benefits***

Third-party reimbursement is the responsibility of the patient unless Dr. Barrilleaux happens to be on the insurance plan. Dr. Barrilleaux is currently only an in-network provider for the Blue Cross Blue Shield of Louisiana PPO network. However, if your plan has out-of-network mental health benefits on an outpatient basis, you may qualify to get reimbursed by your plan under that benefit. Please refer to the Out-of-Network benefit information below.

### ***Medicare/Medicaid/Tri-Care***

Because Dr. Barrilleaux is neither a Medicare/Medicaid or Tri-Care provider, and does not have the necessary Medicare/Medicaid/Tri-Care provider #s assigned to him by

them, he is not able to file claims for you with these plans for reimbursement as they will not be honored. In the alternative, should one of these plans have out-of-network coverage, you should follow the directions in your insurance contract to determine if and how you may file a claim to be reimbursed for fees paid for psychotherapy. In Dr. Barrilleaux's experience, these federal plans do not have out-of-network benefits.

### **Out-of-Network Benefits**

If you are interested in using your commercial health insurance for therapy, please scan both sides of your health insurance card and email them along with your name and date of birth to Dr. Barrilleaux at [christopher4918@gmail.com](mailto:christopher4918@gmail.com) prior to making an initial appointment. He will verify your benefits, after which he will send you a return email advising you if he is able to accept assignment from your health insurance company, and notifying you of your cost share.

Even in the event Dr. Barrilleaux is not a participating provider on your insurance plan, you may be eligible for reimbursement if your plan has an Out-of-Network benefit. Typically, there is an out-of-network deductible which would have to be met each calendar year, after which most plans pay at a reduced rate between 50-70% of usual & customary charges. Some of the plans Dr. Barrilleaux is able to accept include Aetna PPO, Aetna POS, Cigna PPO, Cigna POS, HMO of Louisiana, and Gilsbar. Many self-funded plans underwritten by Aetna, Cigna, United HealthCare, Anthem Blue Cross, and UMR have also been used in the past.

Many other health insurance plans do not have out-of-network benefits, and if they do, e.g. Optum/United HealthCare, those benefits are paid directly to the enrollee. In those cases, Dr. Barrilleaux would not be able to accept direct assignment from your insurance company, although he would be able to file your claim for you. You are responsible for paying your fee in full at the time the service is rendered according to the fee schedule. If you do not wish for Dr. Barrilleaux to file your claim for you, you will receive a detailed insurance-ready receipt to file with your insurance plan if you elect to pursue reimbursement.

### **Health Savings Accounts (HSA)**

If you have a Health Savings Account linked to the Visa or MasterCard logo, Clinical Consultants LLC has a health provider merchant number which makes us eligible to bill your HSA for services rendered. This is yet another way to help minimize your out-of-pocket costs.

### **Health Insurance & Marriage Counseling**

Marriage counseling is not covered by health insurance because it is not medically necessary: a failing marriage is not a disease, and therefore it not medically necessary to receive therapy to improve one's marriage. There is no diagnosis that can be assigned to marriage counseling other than what is called a V-code {Partner Relationship Problem}, and V-codes are generally excluded from claim payment. In the alternative, sometimes a client has a target clinical issue, e.g. depression, anxiety, or substance abuse where conjoint couple therapy is indicated as a treatment modality, in which case there is a diagnosis. Understand that couple's therapy and marriage counseling are not one in the

same. Dr. Barrilleaux will under no circumstances bill an insurance company for marriage counseling, even if your insurance representative tells you they will cover it. Frequently, insurance representatives confuse marriage counseling with conjoint couple therapy; but they are different.

**Broken Appointment Policy**

Scheduling an appointment for psychotherapy means that Dr. Barrilleaux reserves an interval of time exclusively for you. Intervals (lengths of sessions) may vary from client to client, but typically are either 50-60 minutes, 75 minutes, or 90 minutes in length. If you cannot keep your appointment, a 48 hour advance notice that you will need to break the appointment time is required or you will be charged for the missed session. This facilitates the doctor's ability to replace the slot originally reserved for you with someone else. The penalty will have to be satisfied prior to scheduling any future appointments. Penalties will be assessed accordingly:

- 48-hour notice.....0% of fee
- 24-hour notice.....50% of fee\*
- Less than 24-hour notice.....100% of fee\*

\*In the case that Dr. Barrilleaux is able to fill the vacant slot with another client, no penalty will be assessed.

Insurance clients are responsible for penalties at the full rate of their scheduled visit. The insurance contract does not provide reimbursement for missed sessions. Clients charged penalties for inadequate notice of session will likewise be expected to satisfy payment prior to rescheduling the missed appointment.

*I have read and understand the fee schedule. I understand how my account will be billed. I promise to pay my cost share of the fees as discussed with Dr. Barrilleaux. I understand the Broken Appointment Policy, and agree to its terms. I also understand that if I am an insurance client and I miss my scheduled appointment, the insurance company is not liable for my appointment; in the case a penalty is charged to me because I failed to give adequate notice of a missed appointment, the regular rate (not the insurance contract rate) will be due, and I will be obliged to satisfy payment prior to rescheduling an appointment.*

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

**Adult Client Consent  
Authorization for Treatment**

I, \_\_\_\_\_, (client), authorize Dr. Christopher Barrilleaux, DSW, LCSW-BACS of CLINICAL CONSULTANTS, LLC to enter into a professional therapeutic relationship with me and to treat me for my presenting issues, both those articulated by me and those found upon examination. I understand that counseling/psychotherapy is not an exact science and no promises have been made to me regarding the outcome of therapy. I understand that Dr. Barrilleaux is not an emergency service provider, but acknowledge that an emergency plan will be formulated at the onset of treatment if there is a crisis or one may be anticipated. I understand that psychotherapy is confidential and privileged and protected by state and federal law, but that certain duty-to-warn exceptions do exist and these and all others have been explained to me.

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**