

**Dr. Christopher Barrilleaux, DSW, MATH, MSW, LCSW-BAS**

Licensed Clinical Social Worker

**CLINICAL CONSULTANTS, LLC**

4918 Canal Street - New Orleans, LA 70119 - (504) 483-8070

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**POLICIES ON CONFIDENTIALITY, FEES, HEALTH INSURANCE,  
BROKEN APPOINTMENTS, & CONSENT - ADULTS**

*Revised 06/09/2022*

**Limits of Confidentiality**

Most of what you discuss in therapy is considered confidential and privileged and requires your express written permission to be released to any other party. However, both federal and state **duty-to-warn** statutes require compulsory reporting of pertinent specific information which would include the following:

- At such time that you threaten your own life or someone else's life;
- When you confess to sexual activity with, or carnal knowledge of, a juvenile;
- Battery on a child, elderly person, or infirmed person in your home;
- If you are HIV-positive and have not disclosed this information to your sexual partner;
- Any and all written information subpoenaed by a court of law relative to a child custody proceeding;
- Any and all written information subpoenaed by a court of law; and failing a motion to quash on the basis of client privilege, is then ordered to be produced by a judge or magistrate.

If you are an adolescent 17 years of age or younger, unless you have been legally emancipated, you should be advised that confidentiality is severely limited. Most everything you report, by law can be demanded from the therapist by your parent or legal guardian.

If you are a parent, please understand that the therapy process is severely hindered by the reporting process. I prefer to report general progress to parents rather than specific details, unless I believe your minor child poses a serious risk to self or others.

By my signature I certify that I have read and understand this policy on confidentiality.

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**Client Signature**

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**Date**

## Fees

### **Consultation & Psychotherapy**

Initial Consultation (90 minutes)	CPT 90791	\$240 (\$160 per hour)
Individual Psychotherapy (60 minutes)	CPT 90837	\$160 (\$160 per hour)
Individual Psychotherapy (75 minutes)	CPT 90837	\$200 (\$160 per hour)
Individual Psychotherapy (45 minutes)	CPT 90834	\$120 (\$160 per hour)
Family Therapy (90 minutes)	CPT 90847	\$240 (\$160 per hour)
Group Therapy (75-90 minutes)	CPT 90853	\$120 (\$80 per hour)

### **Marriage Counseling**

*Not insurance reimbursable*

Initial Consultation (180 minutes)		\$480 (\$160 per hour)
Follow-up with Jungian typology (150 minutes)		\$400 (\$160 per hour)
Regular follow-up sessions (60-75-90 minutes)		\$160-\$200-\$240 (\$160 per hour)
Custom Consultations can be built for specific needs		Unbundled at agreed upon rates
Collateral Consultation – <i>psychiatrists, other professionals on your behalf</i>		\$50 per 15-minute unit hour \$80 per 15-minute unit hour with report

### **Forensic Social Work**

*Not insurance reimbursable*

Mediation		\$200 per 60-minute hour
Collaborative Divorce		\$200 per 60-minute hour <i>(retainer of \$2000 representing 10 hours work is required)</i>
Forensic Substance Use Evaluation		\$200 per 60-minute unit hour <i>(retainer of \$1000 representing 5 hours work is required)</i>
Forensic Sexual Behavior Evaluation		\$200 per 60-minute unit hour <i>(retainer of \$1000 representing 5 hours work is required)</i>
Individual Therapy (Forensic Cases)		\$200 per 60-minute hour <i>(retainer of \$600 representing 3 hours work is required)</i>
Professional Consultation (Attorneys, Custody Evaluator)		\$200 per 60-minute unit hour
Review of Documentation		\$200 per 60-minute unit hour
Narratives (Drafts, review, compilation)		\$40 per page (maximum \$1000)
Travel & Costs		Travel to other facilities is charged from the point of departure to the time of arrival according to the same rate as the service being rendered. Other costs, e.g. parking, will be billed to the client.

## **Retainers**

### ***Court-recommended Therapy***

Individual client sessions are expected to be paid on each date of service. However, a retainer of \$600, representing 3 hours of work, is necessary to continue a new forensic social work case prior to the second session being scheduled. A major credit card is necessary to be placed on file to replenish the retainer when it reaches a \$0.00 balance, until the case is completed, judgments determined, or the client terminates therapy.

*Notice:* Dr. Barrilleaux reserves the right to withdraw from any case after initiating forensic court-recommended therapy if it is learned through consultation with the custody evaluator, or review of court documentation or another reliable source, that the client materially misrepresented anything having bearing to the case.

### ***Court-ordered Substance Use Forensic Evaluation***

A \$1000 retainer, representing 5 hours of work, is necessary to initiate a forensic substance use evaluation. A major credit card is necessary to be placed on file to replenish the retainer when it reaches a \$0.00 balance, until the case is completed, and the court order has been satisfied. (*See Protocol for Forensic Substance Use Evaluation* in the document section for detailed explanations and clarification.)

### ***Court-ordered Sexual Behavior Evaluation***

A \$1000 retainer, representing 5 hours of work, is necessary to initiate a forensic substance use evaluation. A major credit card is necessary to be placed on file to replenish the retainer when it reaches a \$0.00 balance, until the case is completed, and the court order has been satisfied. (*See Protocol for Forensic Sexual Behavior Evaluation* in the document section for detailed explanations and clarification.)

### ***Court Testimony***

In order to be present in Court to give testimony or make similar depositions, a separate retainer of \$750 per day, representing 3 hours of work at \$250 per hour, is required. A major credit card is necessary to be placed on file to which fees which have been underpaid will be charged, or fees which have been overpaid will be refunded. A maximum of \$1250 will be charged per day.

## **Health Insurance**

### **In-Network Benefits**

If you are interested in using your commercial health insurance for therapy, please scan both sides of your health insurance card and email them along with your name and date of birth to Dr. Barrilleaux at [christopher4918@gmail.com](mailto:christopher4918@gmail.com) prior to making an initial appointment. He will verify your benefits, after which he will send you a return email advising you if he is able to accept assignment from your health insurance company, and notify you of your cost share.

Third-party reimbursement is the responsibility of the patient unless Dr. Barrilleaux

happens to be on the insurance plan. Dr. Barrilleaux is currently only an in-network provider for the Blue Cross Blue Shield of Louisiana PPO network, and the Blue Cross HMO and Blue Cross Ochsner plans. However, if your plan has out-of-network mental health benefits on an outpatient basis, you may qualify to get reimbursed by your plan under that benefit. Please refer to the Out-of-Network benefit information below.

### **Medicaid & Tri-Care**

Because Dr. Barrilleaux is neither a Medicaid or Tri-Care provider, and does not have the necessary Medicaid or Tri-Care provider #s assigned to him by them, he is not able to file claims for you with these plans for reimbursement as they will not be honored. In the alternative, should one of these plans have out-of-network coverage, you should follow the directions in your insurance contract to determine if and how you may file a claim to be reimbursed for fees paid for psychotherapy. In Dr. Barrilleaux's experience, these federal plans do not have out-of-network benefits.

### **Medicare**

Dr. Barrilleaux is on the Novitas Medicare "Opt-Out" list, which enables you to forego use of your Medicare benefits and file directly through your secondary health insurance carrier. Dr. Barrilleaux would need to verify benefits with your secondary carrier prior to initiating therapy. If he agrees to accept the case on an Opt-Out Medicare basis, per Medicare rules, a contract will be drawn up signed by both patient and provider attesting that Medicare will not be billed by either Provider or Patient. Because this process is not seamless, and sometimes proves difficult, Dr. Barrilleaux reserves the right to discontinue this agreement after 60 days, after which a different arrangement will have to be made.

### **Out-of-Network Benefits**

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Even in the event Dr. Barrilleaux is not a participating provider on your insurance plan, you may be eligible for reimbursement if your plan has an Out-of-Network benefit. Typically, there is an out-of-network deductible which would have to be met each calendar year, after which most plans pay at a reduced rate between 50-70% of usual & customary charges. Some of the plans Dr. Barrilleaux is able to accept include Aetna PPO, Aetna POS, Cigna PPO, Cigna POS, Humana, and Gilsbar. Many self-funded plans underwritten by Aetna, Cigna, and UMR have honored out-of-network claims in the past.

Many other health insurance plans do not have out-of-network benefits, and if they do, e.g. Optum/United HealthCare, those benefits are paid directly to the enrollee. In those cases, Dr. Barrilleaux would not be able to accept direct assignment from your

insurance company, although he would be able to file your claim for you. You are responsible for paying your fee in full at the time the service is rendered according to the fee schedule. If you do not wish for Dr. Barrilleaux to file your claim for you, you will receive a detailed insurance-ready receipt to file with your insurance plan if you elect to pursue reimbursement.

Health care insurance law requires patients to pay their cost-share of services covered by their health insurance plans. Patients with out-of-network benefits will be expected to pay 100% of their fees until such time that their out-of-network deductible is satisfied, after which only the portion of their cost share as dictated by their plan will be due at the time of each visit. Patients with financial needs are eligible to defer up to 50% of their cost share to be paid on a monthly basis once treatment ends (and additional expenses are no longer being incurred). In these cases, an individualized payment plan will be drafted by the patient and/or guarantor, and Dr. Barrilleaux.

### **Health Savings Accounts (HSA)**

If you have a Health Savings Account linked to the Visa or MasterCard logo, Clinical Consultants LLC has a health provider merchant number which makes us eligible to bill your HSA for services rendered. This is yet another way to help minimize your out-of-pocket costs.

### **Health Insurance & Marriage Counseling**

Marriage counseling is **usually** not covered by health insurance because it is not medically necessary: a failing marriage is not a disease, and therefore it not medically necessary to receive therapy to improve one's marriage. There is no diagnosis that can be assigned to marriage counseling other than what is called a V-code {Partner Relationship Problem}, and V-codes are generally excluded from claim payment. ***Covered Benefits for Couple's Therapy:*** In the alternative, sometimes a client has a target clinical issue, e.g. depression, anxiety, substance abuse, anger, or mood-altering sexual proclivities, where conjoint couple therapy is indicated as a treatment modality, in which case there is a diagnosis. Understand that couple's therapy and marriage counseling are not one in the same. Dr. Barrilleaux will under no circumstances bill an insurance company for marriage counseling, even if your insurance representative tells you they will cover it. Frequently, insurance representatives confuse marriage counseling with conjoint couple therapy; but they are different.

### ***Forensic Services - Health Insurance***

Health insurance will not reimburse forensic examinations.

### ***Health Savings Accounts (HSA)***

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### **Broken Appointment Policy**

Scheduling an appointment for psychotherapy means that Dr. Barrilleaux reserves an

interval of time exclusively for you. Intervals (lengths of sessions) may vary from client to client, but typically are either 50-60 minutes, 75 minutes, or 90 minutes in length. If you cannot keep your appointment, a 48 hour advance notice is required or you will be charged for the missed session. This facilitates the doctor's ability to replace the slot originally reserved for you with someone else. The penalty will have to be satisfied prior to scheduling any future appointments. Penalties will be assessed accordingly:

48-hour notice.....0% of fee

24-hour notice.....50% of fee\*

Less than 24-hour notice.....100% of fee\*

\*In the case that Dr. Barrilleaux is able to fill the vacant slot with another client, no penalty will be assessed.

*I have read and understand the fee schedule. I understand how my account will be billed. I promise to pay my cost share of the fees as discussed with Dr. Barrilleaux. I understand the Broken Appointment Policy, and agree to its terms. I also understand that if I am an insurance client and I miss my scheduled appointment, the insurance company is not liable for my appointment; in the case a penalty is charged to me because I failed to give adequate notice of a missed appointment, the regular rate (not the insurance contract rate) will be due, and I will be obliged to satisfy payment prior to rescheduling an appointment.*

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**

**Adult Client Consent  
Authorization for Treatment**

I, \_\_\_\_\_, (client), authorize Dr. Christopher Barrilleaux, DSW, MATH, LCSW-BAS of CLINICAL CONSULTANTS, LLC to enter into a professional therapeutic relationship with me and to treat me for my presenting issues, both those articulated by me and those found upon examination. I understand that counseling / psychotherapy is not an exact science and no promises have been made to me regarding the outcome of therapy. I understand that Dr. Barrilleaux is not an emergency service provider, but acknowledge that an emergency plan will be formulated at the onset of treatment if there is a crisis or one may be anticipated. I understand that psychotherapy is confidential and privileged and protected by state and federal law, but that certain duty-to-warn exceptions do exist and these and all others have been explained to me.

\_\_\_\_\_  
**Client Signature**

\_\_\_\_\_  
**Date**